

CHESHAM BOIS JUNIOR SQUASH (UNDER 19s)
JUNIOR COACHING APPLICATION FORM

Sessions on Sundays from September 7th to December 21st

Please complete this form and bring it to the first session.

Junior's name **Phone**

Address

Age **Date of birth**

e-mail.....**School**.....

Current member of Chesham Bois Squash Club **Yes/No**

Circle the most suitable category below (coaches can change your category):

Beginners, 12.30–1.30 **Intermediates, 1.30–3.00** **Team Squad, 3.00–4.30**

Beginners who have not come before have three free sessions as a trial, but if they attend a fourth session either the whole term must be paid for or the four sessions paid for at £6.00 each (see below). Free sessions do not apply to those in the Intermediate and Squad groups.

Payment

There will be 15 weeks of coaching in this term:

1. By term (15 sessions – full fee paid by September 21st will include Under 19 Membership to August 31st 2009, worth £30; this enables courts to be booked up to and including 5:45pm).
Beginners: £55.00 for sessions of 1 hour from 12.15 to 1.30.
Intermediates: £70 for sessions of 1.5 hours from 1.30 to 3.00.
Squad: £70 for sessions of 1.5 hours from 3.00 to 4.30.
2. By each Sunday at £6 per session for Beginners (£90 if all 15 sessions are attended) and £7.50 per sessions for Intermediates (£112.50 if all 15 sessions are attended).

If you intend to come to the coaching, it would help very much if you could e-mail John Ormiston (jjorm@dial.pipex.com) before September 1st so that he can organise the groups (please say which group you think is the most appropriate).

Please Remember

All shoes worn on court must have **non-marking soles** and must **NOT** have been or be worn outside. The court floors are among the best in the county and we want to keep them that way.
Goggles are available for use during the coaching (especially needed for the Beginners).

Help Required from Parents

We need help with both the coaching and supervising (ticking names in the book, etc.) and we need an adult other than the coaches to be present. It would benefit the sessions if parents volunteered to be present during some sessions rather than treat the squash coaching as Sunday child minding.

For Parental Signature

I accept that squash is a racquet game played in close proximity to one's partners and, as in any sport, players participate in squash and related training and coaching activities at their own risk. The Club, the Club's officials, organisers, coaches and helpers will not be liable for any loss of injury suffered by anyone participating in the programme. I accept the Club's advice that younger Juniors are best supervised by parents when taking part in sporting activities.

Signed Date